

# RESULTS



Long Island, NY  
March, 10th-12th, 2023

## Dynamic Senior Solo

Place	Entry #	Routine Name	Studio
1	236	VENUS	Nadias Performing Arts Centre

## Petite Title

Place	Entry #	Routine Name	Studio
1	4	DEMAND APPLAUSE	Inspired Dance Arts

## Junior Title

Place	Entry #	Routine Name	Studio
1	56	RAIN	Inspired Dance Arts

## Teen Title

Place	Entry #	Routine Name	Studio
1	171	EMERGENCE	Inspired Dance Arts

## Senior Title

Place	Entry #	Routine Name	Studio
1	213	SQUARE ONE	Nadias Performing Arts Centre

## Star Petite Duet/Trio

Place	Entry #	Routine Name	Studio
1	9	POWERPUFF GIRLS	Danceworks, NY

## Star Petite Small Group

Place	Entry #	Routine Name	Studio
1	10	BOOGIE	Jorday Riveras Dance Studio

## Star Junior Line/Prod.

Place	Entry #	Routine Name	Studio
1	26	HALLOWEEN TOWN	Danceworks, NY

# RESULTS



Long Island, NY  
March, 10th-12th, 2023

## Star Junior Large Group

Place	Entry #	Routine Name	Studio
1	27	LIGHT THE PATH	JHL Dance Dynamics
2	20	BEAUTY SCHOOL DROPOUT	Danceworks, NY

## Star Junior Small Group

Place	Entry #	Routine Name	Studio
1	13	ZERO TO HERO	Danceworks, NY
2	14	SPLISH SPLASH	Danceworks, NY

## Star Junior Solo

Place	Entry #	Routine Name	Studio
1	38	PINK CADILLAC	Danceworks, NY
2	52	THE GIRL IN 14G	Danceworks, NY
3	48	TO THE MOON	Danceworks, NY
4	49	BEAUTIFUL LIFE	Danceworks, NY
5	41	W.O.M.A.N.	Danceworks, NY
6	46	OH ME, OH MY, OH YOU!	Danceworks, NY
7	51	SPANISH ROSE	Danceworks, NY
8	43	CAN'T TURN YOU LOOSE	Danceworks, NY
9	39	BORN TO BE WILD	Danceworks, NY
10	45	SLOW ME DOWN	JHL Dance Dynamics

## Star Teen Small Group

Place	Entry #	Routine Name	Studio
1	79	TEACH ME HOW TO SHIMMY	Danceworks, NY

## Star Teen Duet/Trio

Place	Entry #	Routine Name	Studio
1	97	IN THE SUN	Danceworks, NY

# RESULTS



Long Island, NY  
March, 10th-12th, 2023

## Star Teen Solo

Place	Entry #	Routine Name	Studio
1	160	SURVIVE	Danceworks, NY
2	157	LIFE OF THE PARTY	Danceworks, NY

## Power Petite Solo

Place	Entry #	Routine Name	Studio
1	6	BEAUTIFUL BABY	Nadias Performing Arts Centre
2	5	MAMA I'M A BIG GIRL NOW	Nadias Performing Arts Centre
3	8	I MAKE MY OWN SUNSHINE	Nadias Performing Arts Centre

## Power Petite Large Group

Place	Entry #	Routine Name	Studio
1	21	TREAT'EM RIGHT	Jorday Riveras Dance Studio

## Power Petite Duet/Trio

Place	Entry #	Routine Name	Studio
1	11	WORK	Inspired Dance Arts

## Power Junior Solo

Place	Entry #	Routine Name	Studio
1	55	RAINBOW CONNECTION	Nadias Performing Arts Centre

## Power Junior Large Group

Place	Entry #	Routine Name	Studio
1	47	INDESTRUCTIBLE	Jorday Riveras Dance Studio
2	29	UNSTEADY	Nadias Performing Arts Centre

## Power Junior Small Group

Place	Entry #	Routine Name	Studio
1	33	HAPPY TAP TAP	Jorday Riveras Dance Studio

# RESULTS



Long Island, NY  
March, 10th-12th, 2023

## Power Teen Solo

Place	Entry #	Routine Name	Studio
1	162	NICEST THING	Nadias Performing Arts Centre

## Power Teen Line/Production

Place	Entry #	Routine Name	Studio
1	68	HALFTIME	Danceworks, NY

## Power Teen Large Group

Place	Entry #	Routine Name	Studio
1	84	CLOUDS	Nadias Performing Arts Centre

## Power Teen Small Group

Place	Entry #	Routine Name	Studio
1	72	STANDING ON THE EDGE	JHL Dance Dynamics
2	78	FEELING GOOD	JHL Dance Dynamics

## Power Senior Solo

Place	Entry #	Routine Name	Studio
1	195	YOU MAKE ME FEEL	Danceworks, NY
2	194	MISS ME	Danceworks, NY
3	201	FLESH & BONE	JHL Dance Dynamics
4	199	PARIS	Danceworks, NY
5	198	LISTEN	JHL Dance Dynamics

## Power Senior Large Group

Place	Entry #	Routine Name	Studio
1	81	LA VIE EN ROSE	Danceworks, NY

# RESULTS



national dance competitions

Long Island, NY  
March, 10th–12th, 2023

## Power Senior Small Group

Place	Entry #	Routine Name	Studio
1	92	RIVER FLOWS IN YOU	JHL Dance Dynamics
2	99	SORRY BOUT' THAT	Danceworks, NY
3	94	WHAT'S UP	Danceworks, NY
4	132	MAMBO	Danceworks, NY
5	111	LAY IT DOWN	Danceworks, NY

## Power Senior Duet/Trio

Place	Entry #	Routine Name	Studio
1	126	LET ME THINK ABOUT IT	Danceworks, NY

## Energy Petite Solo

Place	Entry #	Routine Name	Studio
1	4	DEMAND APPLAUSE	Inspired Dance Arts

## Energy Junior Solo

Place	Entry #	Routine Name	Studio
1	58	HIT ME WITH A HOT NOTE	Inspired Dance Arts
2	56	RAIN	Inspired Dance Arts
3	62	GROWING PAINS	Inspired Dance Arts
4	63	WAKE ME UP	Nadias Performing Arts Centre
5	61	FOREVER YOUNG	Nadias Performing Arts Centre
6	65	BRIGHTER THAN THE SUN	Nadias Performing Arts Centre
7	59	IF WE HOLD ON TOGETHER	Nadias Performing Arts Centre
8	64	IN YOUR EYES	Nadias Performing Arts Centre
9	67	BLUE SUEDE SHOES	Nadias Performing Arts Centre
10	57	SHAKE THE ROOM	Nadias Performing Arts Centre

# RESULTS



national dance competitions

Long Island, NY  
March, 10th-12th, 2023

## Energy Junior Large Group

Place	Entry #	Routine Name	Studio
1	7	AIN'T NO OTHER	Nadiaz Performing Arts Centre

## Energy Junior Small Group

Place	Entry #	Routine Name	Studio
1	1	LIVING ON A PRAYER	Nadiaz Performing Arts Centre
2	30	SURVIVOR	Nadiaz Performing Arts Centre
3	25	KILL EM WITH KINDNESS	Nadiaz Performing Arts Centre

## Energy Junior Duet/Trio

Place	Entry #	Routine Name	Studio
1	24	SHAKE SHAKE	Inspired Dance Arts
2	18	LOVED ME THAT WAY	Nadiaz Performing Arts Centre

## Energy Teen Solo

Place	Entry #	Routine Name	Studio
1	190	FALLING BACKWARDS	Inspired Dance Arts
2	167	WHY AM I TRYING	Inspired Dance Arts
3	183	SOON AS MY HEART BREAKS	Jorday Riveras Dance Studio
4	171	EMERGENCE	Inspired Dance Arts
5	188	I DIDN'T KNOW MY OWN STRENGTH	Inspired Dance Arts
6	185	A WAY TO YOU	Inspired Dance Arts
7	186	FOR ALWAYS	Nadiaz Performing Arts Centre
8	169	EASE AWAY	Inspired Dance Arts
9	176	COVERGIRL	Nadiaz Performing Arts Centre
10	182	ROCKABELL'S CANON	Nadiaz Performing Arts Centre

# RESULTS



Long Island, NY  
March, 10th–12th, 2023

## Energy Teen Line/Production

Place	Entry #	Routine Name	Studio
1	67.1	CELEBRATE	Inspired Dance Arts

## Energy Teen Large Group

Place	Entry #	Routine Name	Studio
1	123	LIKE A RIVER RUNS	Nadias Performing Arts Centre
2	73	EVERY TEARDROP IS A WATERFALL	Nadias Performing Arts Centre
3	98	LE CORSAIRE	Inspired Dance Arts
4	144	PARTY UP	Inspired Dance Arts
5	112	YOU BUILT A HOME	Nadias Performing Arts Centre

## Energy Teen Large Group Continued

Place	Entry #	Routine Name	Studio
6	145	ASLEEP	Nadias Performing Arts Centre
7	106	NO ANSWER	Nadias Performing Arts Centre
8	76	LIMITLESS	Inspired Dance Arts
9	128	YOU CAN'T STOP THE BEAT	Nadias Performing Arts Centre
10	89	20TH CENTURY FOX MAMBO	Nadias Performing Arts Centre

## Energy Teen Small Group

Place	Entry #	Routine Name	Studio
1	147	REMEDY	Inspired Dance Arts
2	108	SEVEN BIRDS	Inspired Dance Arts
3	119	BUILD IT UP	Inspired Dance Arts
4	114	TRANSCENDENCE	Inspired Dance Arts
5	91	DERNIERE DANSE	Inspired Dance Arts

# RESULTS



Long Island, NY  
March, 10th-12th, 2023

## Energy Teen Duet/Trio

Place	Entry #	Routine Name	Studio
1	127	DON'T WORRY ABOUT ME	Inspired Dance Arts
2	124	NEW BEGINNINGS	Inspired Dance Arts
3	152	THAT'S LIFE	Inspired Dance Arts

## Energy Senior Solo

Place	Entry #	Routine Name	Studio
1	208	WHO I AM	Inspired Dance Arts
2	213	SQUARE ONE	Nadias Performing Arts Centre
3	232	LIBERTANGO	Inspired Dance Arts
4	202	IN THIS SHIRT	Inspired Dance Arts
5	235	HEART CRY	Inspired Dance Arts
6	212	FIGURES	Inspired Dance Arts

## Energy Senior Solo Continued

Place	Entry #	Routine Name	Studio
7	209	NEW YORK, NEW YORK	Nadias Performing Arts Centre
8	230	TRAUMA	Inspired Dance Arts
9	229	CONVERSATIONS IN THE DARK	Nadias Performing Arts Centre
10	211	RED RUN COLD	Inspired Dance Arts

## Energy Senior Line/Production

Place	Entry #	Routine Name	Studio
1	74	ENOUGH	Nadias Performing Arts Centre



# RESULTS



Long Island, NY  
March, 10th-12th, 2023

## Energy Senior Large Group

Place	Entry #	Routine Name	Studio
1	96	OH THE WONDERS	Nadias Performing Arts Centre
2	85	NOTHING ELSE MATTERS	Inspired Dance Arts
3	69	BURN IT TO THE GROUND	Nadias Performing Arts Centre
4	125	I COULD GET USED TO THIS	Nadias Performing Arts Centre
5	122	SPIRIT	Inspired Dance Arts

## Energy Senior Small Group

Place	Entry #	Routine Name	Studio
1	115	ANOTHER ONE BITES THE DUST	Inspired Dance Arts
2	129	PLAY THAT SAX	Inspired Dance Arts
3	143	SNATCHED	Inspired Dance Arts
4	110	GODDESSES OF THE DARK	Nadias Performing Arts Centre
5	134	THE MIND	Inspired Dance Arts
6	109	WHEN IT DON'T COME EASY	Inspired Dance Arts
7	137	JET SET	Inspired Dance Arts
8	87	WAIT	Nadias Performing Arts Centre
9	130	ANYTHING I DO	Inspired Dance Arts

# RESULTS



Long Island, NY  
March, 10th-12th, 2023

## Energy Senior Small Group

Place	Entry #	Routine Name	Studio
10	100	END OF LOVE	Inspired Dance Arts

## Energy Senior Duet/Trio

Place	Entry #	Routine Name	Studio
1	107	CARRY YOU	Inspired Dance Arts
2	148	WE BAD	Inspired Dance Arts
3	140	BUTTONS	Nadias Performing Arts Centre
4	154	IN ROSES	Inspired Dance Arts
5	141	7TH HEAVEN	Nadias Performing Arts Centre
6	151	KEEP BREATHING	Inspired Dance Arts
7	156	THE LIGHT THAT NEVER FAILS	Inspired Dance Arts
8	131	MANEATER	Nadias Performing Arts Centre
9	155	KICKIN' IT OLD SCHOOL	Inspired Dance Arts
10	150	SIZE	Inspired Dance Arts

## Industry Dance Awards Best Tap

Place	Entry #	Routine Name	Studio
1	115	ANOTHER ONE BITES THE DUST	Inspired Dance Arts

## Industry Dance Awards Best Open/Acro/Ballet

Place	Entry #	Routine Name	Studio
1	114	TRANSCENDENCE	Inspired Dance Arts

## Industry Dance Awards Best Hip Hop

Place	Entry #	Routine Name	Studio
1	143	SNATCHED	Inspired Dance Arts

## Industry Dance Awards Best Musical Theater/Novelty/Character

Place	Entry #	Routine Name	Studio
1	83	FREAK FLAG	Inspired Dance Arts

# RESULTS



national dance competitions

Long Island, NY  
March, 10th-12th, 2023

## Industry Dance Awards Best Lyrical/Modern/Contemporary

Place	Entry #	Routine Name	Studio
1	147	REMEDY	Inspired Dance Arts

## Industry Dance Awards Best Jazz

Place	Entry #	Routine Name	Studio
1	129	PLAY THAT SAX	Inspired Dance Arts

## Industry Dance Awards People's Choice

Place	Entry #	Routine Name	Studio
1	75	CELL BLOCK TANGO	Danceworks, NY

## Highest Scoring Group of Competition

Place	Entry #	Routine Name	Studio
1	115	ANOTHER ONE BITES THE DUST	Inspired Dance Arts

## Highest Scoring Solo of Competition

Place	Entry #	Routine Name	Studio
1	190	FALLING BACKWARDS	Inspired Dance Arts

## Improv Winners

	Name	Studio
11 & Under Improv	Aryanna Cuadrada	Inspired Dance Arts
12 & Over Improv	Katie Riordan	Inspired Dance Arts

## Photogenic Winners

	Name	Studio
11 & Under Photogenic	Paislee Grace	Inspired Dance Arts

## ADCC Studio of Excellence Winner

Danceworks, NY

# RESULTS



national dance competitions

Long Island, NY  
March, 10th-12th, 2023

Judges Awards	Routine Name	Studio
Choreography	#10 Boogie	Jorday Riveras Dance Studio
Technique	#55 Rainbow Connection	Nadias Peforming Arts Center
Performance	#26 Halloween Town	Danceworks, NY
Choreography	#72 Standing On The Edge	JHL Dance Dynamics
Technique	#85 Nothing Else Matters	Inspired Dance Arts
Performance	#81 La Vie En Rose	Danceworks, NY
Choreography	#163 1000 Sun Downs	Danceworks, NY
Technique	#183 Soon As My Heart Breaks	Jorday Riveras Dance Studio
Performance	#176 Covergirl	Nadias Peforming Arts Center
Choreography	#209 New York New York	Nadias Peforming Arts Center
Technique	#232 Libertango	Inspired Dance Arts
Performance	#201 Flesh & Bone	JHL Dance Dynamics

## EnerGy Elite Experience Winners

Entry #	Entry Name	Studio Name
26	Halloween Town	Danceworks, NY
34	5, 6, 7, 8	Nadias Performing Arts Center
36	Isadorables	Nadias Performing Arts Center
40	Candy Man	Jorday Riveras Dance Studio
67.1	Celebrate	Inspired Dance Arts
102	Smooth Criminals	JHL Dance Dynamics
105	Jackson	Danceworks, NY
116	All That Jazz	Nadias Performing Arts Center

# RESULTS



Long Island, NY  
March, 10th–12th, 2023

## National Company Winners

Dancer Name	Studio
Paislee Weyant	Inspired Dance Arts
Francesca Silz	Nadias Performing Arts
Addison Bochnack–Roth	Nadias Performing Arts Center
Avery Byrnes	Inspired Dance Arts
Aubrey Weyant	Inspired Dance Arts
Rafella Merchan	Nadias Performing Arts Center
Rachael Wang	Jorday Riveras Dance Studio
Cameron Van Riper	Inspired Dance Arts
Brianna Riley	Inspired Dance Arts
Rosalee Galanpoulos	Inspired Dance Arts
Liana Michaels	Nadias Performing Arts Center